



# Indian Association Of Secretaries And Administrative Professionals Brain And Brawn

October to  
December  
2024

## MANAGING COMMITTEE

**CHAIRPERSON**  
MONICA D'SOUZA  
9850152385

**VICE CHAIRPERSON**  
ANNABELLA SALIS  
9822895157

**HONORARY SECRETARY**  
ASSUNTA CHRISTY  
9850893540

**HONORARY TREASURER**  
DAISY D'SOUZA  
7057465475

## COMMITTEE MEMBERS

RATIKA KHENAT  
9970067693

ASHWINI AGNIHOTRI  
8605019082

EFFIE CASTELLINO  
9168249977

CONNIE FERNANDES  
9881254799

**IMMEDIATE PAST CHAIRPERSON**  
BAKHTAWAR BATTIWALLA  
9890175552

## *FROM THE CHAIRPERSON'S DESK....*

"In each of us, there is a little voice that knows exactly which path to take. Reflection is how we listen to it."



My Dear Remarkable Members,

Time does seem to fly! The end of the year is a natural moment for pausing and reflecting on all that's happened—the highs, the lows, and everything in between. It's a time to take stock of what we've achieved, what we've learned, and where we want to go next. In the rush of life, these moments of looking back are so important. They help us appreciate the journey, see how far we've come, and shape our hopes for the future. Reflecting also brings clarity, letting us set fresh goals for the year ahead with purpose and gratitude.

I am deeply grateful for your unwavering support over the past six months. Serving as Chairperson has been an immensely rewarding experience, made possible by each of you and my incredible Committee, who have devoted their time, energy, and passion to our shared mission.

Christmas is a beautiful time to give, share, love and forgive. In our multitasking roles, we often find ourselves supporting and uplifting others, that selfless dedication deserves a pat on the back, even if you have to do it yourself. This season, I encourage each of us to take a moment to find peace within ourselves, to reflect on the progress we've made, and to look forward to the opportunities that lie ahead.

Let us continue to support each other with empathy and understanding, building a strong foundation not only in our careers but also the communities we cherish.

Wishing you and your families a Joyful Christmas and a Peaceful New Year.

Much Love, Monica





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## FROM THE EDITOR'S DESK.....

My Dear Friends,

It pains us very much to see that teenagers and young children commit suicide for fear of not being able to score well in their exams, cope up with their studies or for petty reasons that touch them so hard, that they think of ending their valuable lives not realising the trauma and misery their parents would have to go through without them. Thought of sharing a few points on how we as elders could help the children of this generation to cope up.

Imagine that every child has a cup that needs to be filled - with affection, love, security and attention. Some seem to have a full cup most of the time or know good ways to get a refill. But most children get a little nervous when their cup gets near empty.

Some ways that children deal with having an empty cup:

- Steal from other people's cups
- Misbehave to get your attention and show that they need a refill
- Seem to have bottomless cups, or need constant 'topping off'
- Can't sit still for refills or actively refuse them
- Bounce off the walls they approach 'empty'
- Think they have to fight or compete for every refill



What basically fills a child's cup:

- Play, friendship, one-on-one time, love and affection, connection and succeeding, doing what they love to do or what they choose to do.

What empties the cup:

- Stress and strain, rejection by peers, loneliness and isolation, yelling and punishment, failing, fatigue, yelling and punishment, and doing what they are forced to do or hate to do.

Here are some ways we could help our children of all ages to deal with their emotions.

- Listening to them without interrupting or judging.
- Use books, games or charts to introduce words for different emotions.
- Help them label their feelings (eg. happy, frustrated, scared).
- Give them your time and create a safe space for children to share how they feel.
- Helping children to manage their emotions is very crucial for their mental health and overall development.

May I take this opportunity to wish you all my dear IASAP family a Merry Christmas and a Joyful Holiday season.

Warmly, Effie



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## October 2024 Session *Holistic and Mindful Communication and Diwali Jubilee*

Our very own members Hyacinth Arya took us through Holistic and Mindful communication on 20<sup>th</sup> October 2024.

Adopting a holistic and mindful communication style can enhance personal and professional relationships. This approach encourages us to communicate with greater care and intention. The 5 W's we should always keep in mind and check them out when we hear a conversation, gossip or information from someone. **What, Where, When, Why & Who** refers to the basic questions to ask when taking information and the answers can provide clarity to help solve key problems.



### Some key takeaways

- Being fully present with the person you're communicating with. Truly listening to them patiently without interrupting.
- Through empathy, striving to understand the other person's perspective and emotions even if you don't agree. This allows you to respond in ways that acknowledge their feelings and viewpoints.
- Choosing words carefully and thoughtfully, with a clear intention behind what you say. Asking clarifying questions when needed.
- Being mindful of body language, tone and gestures. Staying aware of them can lead to a deeper understanding.
- Allowing pauses in a conversation gives both parties time to reflect, absorb and respond thoughtfully, rather than react impulsively.
- Practicing open-mindedness and reducing judgment creates a safe space for more open and honest communication where both parties feel respected.

Hyacinth also made us aware of 'Social Engineering' by giving examples on how we should be alert during conversations in public and social media and how people can pull out information by speaking some wrong and incomplete sentences and we innocently responding or blurting out the truth which could leak out important information about your organisation or your family and friends. She also made us aware of various scams and phishing activities going around in the world of social media and IT related thefts. One should be alert and tactful in handling them.

Hyacinth concluded by walking us through the 27<sup>th</sup> National Convention in Kolkata and the various topics and events held at the Convention and how much creativity they brought in and had loads of fun and entertainment as well took away key ideas. Our Pune Chapter won the BPC Award at the convention for their best presentation and commitment to support two underprivileged deserving students to complete their higher education upto Graduation by sponsoring their education.

After the session, members enjoyed the Diwali Party.





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Diwali Party celebrated with stalls, ramp walk and garbha dance

Stalls put up by Members



Victoria Dias



Tessie Anthony



Ayushi Nandedkar



Best Ramp walk Winner  
Veera Chawla



Best Dressed Winner  
Victoria Dias



Best Jewellery Winner  
Havovi Battiwala





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## November 2024 Session Why and How to make a WILL



On 15<sup>th</sup> November 2024, we had an exclusive and interesting session on a very important topic in today's - **Why and how to make a WILL'**

A WILL is a legal document in which a person outlines their wishes regarding the distribution of their property, assets and other possessions after their death. It may also include instructions for guardianship of minor children and the appointment of an Executor to manage the execution of the WILL.

Making a WILL ensures your possessions, finances and responsibilities are distributed as you wish and prevents disputes among loved ones by providing clear instructions. A WILL can be handwritten or typed on a plain paper stating the wishes of the person making the WILL on how his/her property, wealth and other possessions are distributed after his/her death. A Medical Fitness certificate from a Doctor who is an MBBS or above and stating that the person making a WILL is physically and mentally stable with a sound mind and fit during the making of his WILL. It must be notarized from the Notary Office and kept in safe custody, like bank locker or a safe place and let the Witness or someone trustworthy know about the same. The WILL come into effect on the death of the person who made the WILL not before.

Due to changing scenarios it is best to consult a Lawyer to prepare a WILL by giving him/her details of contents and beneficiaries in the WILL.

Summated in a Eulogy form by Hyacinth Arya

A will to pass on your WILL at the right time,  
that too legally,  
Make sure your hard earnings & immovables go  
ahead technically.

Feelings are strong and in quite a mix,  
Because all inheritances put heirs in a fix.

Hand write or type a WILL but a sign on each  
page is a must,  
Ensure it is authenticated and registered,  
before the WILL goes bust.

Make a conscious effort to close all loops to  
ease the process,  
Check every aspect to help beneficiaries total  
access.

Eliminate clauses or legal terms and any extra  
jargon,  
Excessive technical language may derail the  
WILL wagon.

All your WILL worries will be laid to rest, if it  
is your will,  
Work on tracking your intentions and make  
changes through a Codicil.

Authenticate with your sign and impression of  
your left thumb,  
Attach your photo that looks good not dumb.

Bequeath before you Quit.







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## December 2024 Session *Unleash the Power of Conscious Choice*



On 7th Dec 2024, our very own member Irene Gonsalves conducted an interactive session on Unleash the Power of Conscious Choice. In our day to day lives, we often react to people and situations around us very instantly. We are often so reactive and judgmental. Irene gave us many such examples of what we think in our minds and how we react in so many ways and what the actual situation could have been had we reacted in the right way. We either make good relations or sometimes loose relations. We learnt from Irene how human nature can be compared to different species of animals and their instincts and how we could co-relate our nature to that particular animal instinct and take the best traits out of all of them and make our lives more-simpler and happier. We learnt how to turn our challenges into growth and our setbacks to victory.

**Key Learnings:** The 5 choices we can make by comparing ourselves to the following species:

- 1. Jackal : Color Red: Stands for Immediate Reaction (Anger)** - Here we are judgmental, create conflicts and impulsive decisions. We prove ourselves right and loose a relationship. We need to think, breathe - what am I expecting out of this relationship, what is he or she expecting out of me. Eg. Customer complains about a service, A friend cancels a plan at the last minute. How you should think before you speak to save a relationship.
- 2. Hedgehog : Color Yellow (Submissive)** - Such people take the entire blame on themselves. They feel nobody loves them or cares for them. They are the self-doubting types. They limit themselves. One should come out of their limitations and empower themselves to give out their best.
- 3. Meerkat: Color Green (Defensive)** - These are people with top form of defense and protect their growth. Sit, relax breathe and give yourself some time. Am I doing what I'm supposed to do. They reflect over.
- 4. Dolphin : Colour Blue (Cool & Confident)** - Smart water animal empowers assertiveness, self awareness, accountability, knowing yourself better. Enables your inner growth. Helps in good decision making. You will do your best and stay happy and grow. They are always in a happy state.
- 5. Giraffe: Purple (Protector & Patient)** - In comparison with this animal traits, our emotions can be compared to spirituality, wisdom, higher consciousness. Giraffe has the largest heart and the longest neck. These kind of people have empathy, put themselves in the other person's shoes and relate to their situation. They are tolerant and embrace diversity. They sail across life as they have a balance state of mind and body. They know themselves and illustrate best wisdom and knowledge and grow. They are always in a happy state.

Each time, we encounter a behavior through any form of communication, we need to make a conscious effort and choice of how to respond and therefore save relationships and grow along the way.

After the session, members enjoyed the Christmas Carols followed by game of Housie.





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Hyacinth was invited to join The Association of Secretaries and Administrative Professionals in Asia Pacific (APSAT) in handing over the CSR project. Part money was from ASA donations. It was a touching

moment for the underprivileged kids, who, now have a roof over their heads. (Hyacinth stands out in her white T-shirt).



Hyacinth was also invited to the 23<sup>rd</sup> PNGAAP NATIONAL CONFERENCE (Papua New Guinea Association of Administrative Professionals) from 30<sup>th</sup> September to 4<sup>th</sup> October 2024 on the subject line; “SOCIETAL & ECONOMICAL GROWTH - INFINITY WITH DIGNITY” She spoke on Ethical Leadership, Together we Stand, Divided we Fall, Work-life Integration, Life & Longevity, Health & Fitness

On Day 3 of the Conference, Hyacinth made poetic summations on topics 1 to 9 that included her topics as well as other Speakers who spoke on : **Personal & Professional Growth; Technological Trends, Gender Bender and Fashion Finesse.**

Hyacinth was recognised with a plaque from PNGAAP - The bird of Paradise - their national emblem



The day you manage to stay calm in front of whoever provokes you, when your silence is the right answer, the day you manage to stay calm in the face of the storm.

In the face of noise and foolish words, then you will have achieved the greatest of your successes, to dominate yourself.

It is no longer about winning or losing, being better or worse, having or not having the coveted reason, it is not even about triumphing over others, it is about the fact that, finally, you have reached the top of a very high mountain, and it is to conquer you, prioritize yourself and put your mental health first, your emotional intelligence.

Observe and look around you, don't judge anymore, just observe the unhappiness, the lack of self-esteem, the burdens and pains that others must carry to live tending other people's lives, to be aware of the lives of others.

The more you love yourself, the less you will care about the projection in someone else's eye, the more you love yourself; you will focus on improving yourself only.

Shared by: Annabella Salis, Vice Chairperson, IASAP - Pune Chapter





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## MEET OUR NEW ASSOCIATE MEMBERS - Welcome to the IASAP FAMILY



**Reema Kamdar** - Dynamic professional with extensive experience in sales, operations, and customer service. Currently serving as an Executive Assistant to the CEO of a leading IT company Clarion Technologies, Pune. Adept at strategic coordination, executive support, and operational excellence. Outside of work, passionate about trekking, fitness, traveling, listening to music, and exploring new places.



**Asmita Marathe** - A seasoned professional with 18 years of experience as an Executive Admin Assistant across diverse industries, including Service, Automobile, Manufacturing, Electronics, IT, Software, Fintech, and Medical Healthcare. Proficient in HR and administrative operations. engagement, consistently driving operational success. Currently working with Philips Baner. Passionate about traveling and exploring new places, cultures, and cuisines.



### 5 intriguing facts that pilots often don't tell passengers: ✈️ 🧑‍✈️



- 1. Autopilot Does Most of the Flying:** On long-haul flights, the majority of the journey is controlled by the autopilot. Pilots are mainly there to manage takeoff, landing, and monitor systems during the flight.
- 2. Turbulence is Rarely Dangerous:** While turbulence can be uncomfortable, it's rarely dangerous. Modern aircraft are designed to handle significant turbulence, and pilots are trained to navigate through it safely.
- 3. Oxygen Masks Have Limited Supply:** The oxygen masks that drop down in an emergency only provide about 12 to 15 minutes of oxygen. This is generally enough time for the pilot to descend to a safer altitude where you can breathe normally without the mask.
- 4. Pilots Don't Eat the Same Food as Passengers:** To minimize the risk of food poisoning affecting the crew, pilots are usually served different meals than the passengers, and even different meals from each other.
- 5. Flights are Often Shorter than Scheduled:** Airlines often pad flight times to make it seem like flights arrive on time or early, even when there are delays. This "block time" is adjusted to account for potential issues like air traffic or weather conditions, so your flight might actually be shorter than you think.





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*Chai and Gupshup with Teresa!*

My secret mantra had always been - Stay focused on the job, stay cool and committed, be helpful to whoever you can, be it professionally or personally - always be prepared to go the extra mile.

My first job was a short stint with an Advertising Agency - Pratibha Advertising, but this was just a stepping stone, for me to venture into bigger Companies. My actual career was shaped by my tenure with Thermax, where and I learnt all the nuances of becoming a successful corporate employee. My stint with Oxford Group for 15 years was also enriching. Currently, I am busy with translations jobs and a lot of social work.

I start my day with a Prayer and Gratitude - As I walk out of my building in the morning to go to church, I see the first rays of the sun, and I thank God for both the 'sun' and my 'son'. I strongly believe in the "Power of Prayer" and that "Prayers can move mountains" and "An attitude of Gratitude" does wonders. My faith in God is rock solid, and I always "Count my Blessings". I carry my Rosary, my smile and my pleasant disposition wherever I go. I believe in the slogan : "If you see someone without a smile give him/her one of yours" This used to be the slogan on the radio station VOA (Voice of America) which I used to listen to in the 70s, and I implement it in my daily life.

I would like to mention an anecdote regarding my professional career - Way back in 1989, our factory workers had announced a token one-day strike to press for their demands. They had come to factory but stood outside the main gate with their banners. Every other support function worker like canteen staff had joined them to express their support. That time, we as staff members had pitched in and volunteered to cook lunch for about 500+ staff members. It was a wonderful team effort, and everyone contributed by doing whatever they could best do in the given circumstances. It was a way of showing that no one is indispensable, and I learnt a lot about my colleagues who selflessly rolled up their sleeves to participate in the lunch preparation.

Continued on next page.....





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## *Chai and Gupshup with Teresa!*

My association with IASAP has been a transformative experience that has positively impacted my personal and professional life. Professionally, the association has provided me with invaluable opportunities for growth, and networking, through the various lectures, monthly meetings, seminars and conventions. I am, more confident than what I was earlier and IASAP has also helped me overcome my weaknesses. Through my 25 odd years as a member since 1987, I have attended almost all the monthly meetings, many conventions, and educational tours. In fact, I'm known for getting the 'Best Attendance Awards', besides the member-get-member awards.

Personally, the association has given me a sense of community and belonging, connecting me with like-minded individuals who share my passions and values. The support, encouragement, and inspiration I've received from the association have been instrumental in helping me stay motivated, focused, and committed to my goals.

All the committees (past and present) have worked meticulously to get on board good guest speakers and ensure that they give us members the very best. I can truly say that IASAP has given me, besides knowledge, and a good environment to develop my personality, a lot of networking and bon homie, besides fun games, and gala events.

One final piece of advice to all my IASAP friends...Trust in the Lord with all your heart, turn to him in good times and bad, and never ever stop thanking Him for all the blessings he gives you day on day. The more thankful you are, the more blessings He will give you. Approach Him with a clear heart and full confidence and He will never fail you.

Best wishes to you  
dear Teresa in all your  
future endeavours.

Regards, Assunta





## Woman of Substance - Santamma



She is the grand aunt of Usha Vance, the wife of the J D Vance, Vice President - elect USA. Where is she going to? Hospital? No, our assumptions are totally wrong. With 2 walking sticks in her hands, she reaches the classrooms of

Centurian University in Andhra Pradesh by travelling 60 kms daily by bus to teach. She is Santamma, aged 95 years old who teaches Medical Physics, Radiology & Anesthesia. Under her guidance, 17 students have completed their Doctorates (PhD). She has translated Bhagwat Gita into English and Telugu languages besides being involved in extensive research works. Her aim is to record her name as the oldest Professor in the Guinness Book of World records. Such a great inspiration to us all. If you have a strong will and determination, no age can stop you from achieving anything. Let's all be inspired by her to do something different and Great. My heartiest Tributes to this 95 years old Great Lady Teacher Santamma.



## The 3 Types of People in Your Life.....

### The Leaf People.....

These come into your life for just a season. You can't depend on them, they are weak. They only come to take what they want, then they leave.

### The Branch People.....

They are strong, but break away when life becomes tough. They will stay a season, but will go when life becomes harder.

### The Root People.....

These are very important people, they don't do things to be seen. They stay during the difficult times, they will water you, they are not moved by your position, they take you as you are.

Only the Root type of people will stay, no matter the season.

## Macaroni with Cheese



**Ingredients:** 250 Grams Noodles (boiled), 2 chopped onions (Medium Size), 1 chopped tomato (Medium Size), 2 packets of Masala e-magic, 1 tablespoon ginger garlic paste, 3 tablespoons Mayonnaise, 1/2 tablespoon of salt, 2 small bowls of oil, cheese, 1 chopped capsicum (Big Sized), Chilli Sauce, Chilli powder, Soya sauce.

**Procedure :** Take a steel container. Put oil. Then add the onions, tomato, then shallow fry the veggies. Add ginger garlic paste, salt and chilli powder. Cook it for 5-7 minutes, then add some water to it. After cooking with water, add the boiled noodles. Then add masala-e-magic and mayonnaise. Cook for 5 minutes (stir continuously). After cooking, sprinkle capsicum and serve hot. Grate cheese on the macaroni. Garnish it with chilli and soya sauce. Now our delicious macaroni with cheese is ready.

Recipe shared by Anita Martyres





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## Cauliflower Roast

### Ingredients:

Tomato - 1, Ginger - 1 tsp  
Green Chillies - 4 to 5 Nos  
Cinnamon - 1 medium stick  
Green Cardamom - 3 to 4, Cashew - 20 to 25 pcs  
Raisins - 10 to 15 pcs, Cauliflower - 1, Cumin Powder - 1 tsp, Coriander Powder - 1 tsp, Red Chilli Powder - 1/2 tsp, Curd - 4 to 5 tablespoon  
Kasuri Methi (Crushed) - 1 tsp, Refine Oil, Sugar - 1 tsp



### Method:

1. Fry cauliflower till light golden brown and keep it aside.
2. Make a paste of the following ingredients with very little water. Tomato - 1, Ginger - 1 tablespoon, Green Chillies - 4 to 5 Nos, Cinnamon - 1 medium stick, Green Cardamom - 3 to 4, Cashew - 20 to 25 pcs, Raisins - 10 to 15 pcs
3. In the refined oil add Cumin powder, coriander powder and red chilli powder and mix well.
4. Then add the beaten curd (Not much curd as we are using tomatoes as well).
5. Now add little sugar and salt as per your taste.
6. Then add the fried cauliflower in it and mix well.
7. Add 2 cups (approximate) of hot water and cook well. Check the gravy thickness as per your preference.
8. Lastly add kasuri methi and cover it and switch off the flame.

Note: It goes very well with Basanti Pulao, Veg Fried Rice, Parathas and Rotis

## Basanti Pulao

### Ingredients:

Gobindobhog Rice or  
Basmati Rice - 1 cup, Ghee,  
Sugar - 70 g, Salt, Cardamom - 6 to 7 pieces, Cinnamon - 3 pieces, Cloves - 8 pieces, Bay leaves - 1 pcs, Ginger - 6 g, Turmeric - 1/2 tsp, Cashew - 10 to 15 pcs, raisins - 10 to 15 pcs, Coconut pcs (optional), Green Chillies - 4 to 5 half split



### Method:

1. Wash the rice properly and drain it. There should not be any water.
2. In a big bowl mix the rice, ghee, cardamom, cinnamon, cloves and bay leaves, turmeric, ginger chopped and fried small pieces of coconut. Rest the rice mixture for 1 hour.
3. In a pan add ghee and fry the cashews till golden in colour and keep aside.
4. In the same pan add the rice mixture and fry it for 6 min.
5. Then add raisins and fry for another 2 min.
6. Then add hot water (2 cups). The ratio of the rice and water will be 1:2 and salt and cover it. The flame should be at the lowest and cook for 10 min.
7. Open the lid to check if the rice is cooked but firm.
8. At this point of time add sugar and green chillies, half split and mix the rice properly and cover the lid.

Note : if you want to add fried diced coconut then add it in the 4th step.

The basanti pulao best goes with chicken or mutton kosha, paneer masala gravy.

Recipes shared by : Aunkita Roy Dutta





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## Heartfelt Tribute



**Tribute** to a Visionary Leader and Philanthropist Sir Ratan Tata, a titan of industry and a beacon of philanthropy, has left an indelible mark on the world. As the Chairman Emeritus of Tata Sons, he guided the Tata Group through a transformative era, blending innovation, global expansion, and a commitment to ethical business practices. His vision redefined India's position on the global economic map. Beyond his corporate achievements, Sir Ratan Tata is revered for his humility and dedication to societal betterment. His philanthropic initiatives, through the Tata Trusts, have revolutionized education, healthcare, rural development, and sustainability, positively impacting millions of lives across India and beyond. Ratan Tata's legacy is not merely in the towering edifices or successful enterprises he nurtured but in the inspiration he provides to generations—showing that true leadership lies in serving others. Let us honor this visionary, who continues to remind us that success is most meaningful when it uplifts humanity. Rest in Peace Sir.



**An Ode to Late Mr. Homi Mehta** - We all used to fondly call him Mr. Mehta. Homi started his career with the Central Bank of India where he completed his B.Com and CAIIB Course alongside with his job profile as a record keeper in the storeroom of old record books in Central Bank of India and climbed up the ladder to be an Asst. General Manager. Homi was not only the founder of the Secretarial Course at J J College of Commerce, Fort, Mumbai along with his wife Late Homai, but was also responsible for training students to be competent as Professional Secretaries. Our past Chairperson Perviz Patel was one of the fortunate students to be trained in the 1st batch of the Secretarial Diploma course started by Mr. Homi Mehta with barely 20-25 students, way back in the mid 60's. Starting with Short term and Certificate courses such as

Typing, Shorthand, Receptionist, Telephone Operating and Spoken and Written English courses the institute replaced traditional courses with other Professional Full time comprehensive courses like Executive Secretary, Steno, Office Assistants, Computer training, Business Writing and Business Etiquettes, Personality Development, Public Speaking, Call Centre Training, etc. to keep in pace with changing times & technology. The Institute was well known not only for its Training but for its Placement Cell as well. An avid problem solver Mr. Homi Mehta came to the aid of any person who faced difficulties in their personal and professional life. A visionary leader and a perfectionist par excellence he drilled into his students that superior proficiency is vital as they would be associated with C level Executives in the Corporate world. He was the force and spirit behind formation of NIPS now IASAP along with his wife Late Homai Mehta. His vision and tireless effort to always be available to support, encourage, guide, mentor and inspire every newcomer was the reason why so many of the Secretaries & Administrative Professionals today are leading in their proficient journey ahead. His famous encouraging words were "Strive for continuous improvement, Do your best and leave unto HIM the rest..." While God will give him, His choicest place in Heaven, we pray for his soul to rest in everlasting peace along with his dear wife & our motivator Homai. Thank you, Homi, for all that you did for us and leaving behind a legacy for generations to follow. We will always be indebted to you and Homai. Homi passed away peacefully on 19th Nov. 2024, leaving a void impossible to fill.

Yours in grief, IASAPIAN's



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Kalpana Shetty	1/Jan
Nilima Deshpande	4/Jan
Jaya Lingham	11/Jan
Navaz Kiaz	11/Jan
Jeroo Taraporewala	13/Jan
Sandra D'souza	15/Jan
Clara Jagallo	18/Jan
Manjusha Pillai	18/Jan
Hemlata Aravandekar	19/Jan
Sandra Tehrani	20/Jan
Saroj Sarkale	20/Jan
Shubhangi Patole	21/Jan
Daisy Mehta	22/Jan
Katy Gurjal	23/Jan
Prema Karki	23/Jan
Radha Nair	23/Jan
Sandra Mascarenhas	24/Jan
Molly D'souza	25/Jan
Parna Banerjee	31/Jan



Rachael Pereira	1/Feb
Binita Dedhia	4/Feb
Thamkam Nair	6/Feb
Maria Romel	19/Feb
Melany Carvalho	20/Feb
Shweta Naik	23/Feb
Swarnalatha Soans	25/Feb
Annabella Salis	26/Feb
Madhuri Solomon	29/Feb

Vidya Israni	1/Mar
Mahrookh Mehta	1/Mar
Prapti Deshpande	1/Mar
Dahlia Lobo	2/Mar
Mithoo Wadia	3/Mar
Marina Samuel	3/Mar
Simran Peswani	3/Mar
Uma Nandedkar	4/Mar
Sarita Virmani	5/Mar
Rhea Shaikh	5/Mar
Bakhtawar Battiwala	6/Mar
Joanna Fernandes	7/Mar
Anita Dixit	8/Mar
Agnes Raphael	9/Mar
Armaity Boocho	10/Mar
Ekta (Renu) Gurnani	17/Mar
Victoria Dias	22/Mar
Pushpa Desai	23/Mar
Zohra Poonawala	24/Mar
Merlyn Woolger	24/Mar
Beatrice Menezes	27/Mar
Surekha Choudhary	29/Mar

Birthdays are a new start, a fresh beginning and a time to pursue new endeavors with new goals.

For regular updates Logon:  
<http://www.iasapindia.com/Pune>

Send your articles/feedback to  
[effiecastellino@gmail.com](mailto:effiecastellino@gmail.com)