



Indian Association Of Secretaries And Administrative Professionals Brain And Brawn

JUL TO SEP 18

Chairperson Desk

MANAGING COMMITTEE

CHAIRPERSON

UMA NANDEDKAR
2672 7011

VICE CHAIRPERSON
BEROZE DIVECHA
4900 6000

HON. SECRETARY
DILNAWAZ NEKOO
2672 7004

HON. TREASURER
BAKHTAWAR BATTIWALLA
6605 1238

COMMITTEE MEMBERS
JUHI SADHWANI
2567 2520

GRACY
66026713

CLARA
9890207151

SWATI SHIRWALE
8408889801

IMM. PAST CHAIRPERSON
JASMINE JOGI
98220 88938

Dear Ladies

I thank you all very much for electing me as your Chairperson ,I will try to give my best and live up to your expectations.

It gives me great pleasure in keeping you updated on our activities during the quarter July 2018 to September 2018.

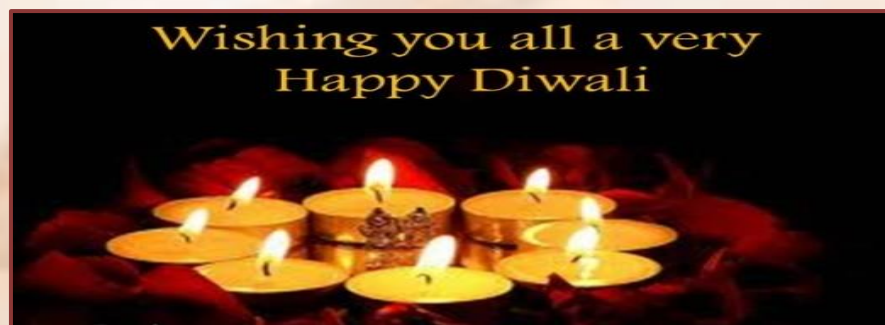
Looking forward for all your co-operation and more contribution as always.

We want this newsletter to always remain dynamic & fresh, hence request all of you to contribute.

For more details do keep visiting our website -

<http://www.iasapindia.com/Pune>

Wishing you all a very happy & Prosperous Deepawali - 2018



Uma Nandedkar



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EDITORS VIEW

Dear Friends

I would like to thank you & committee members for giving me opportunity as an editor for our Newsletter.

I think it's a platform for all of us to express our idea's & knowledge .

I know some of you may be good poetess , some are good in shayari, some of you must be good story writer or a cook , I encourage each one of you to contribute & share your knowledge & hidden talent using this platform .

Here we can include columns like Poetry, Shayari , Health & Hygiene ,Fashion , Cooking tips, Recipe's, Technology , Finance / Investment tips. You can also share NGO details & upcoming events for ladies

Let us work together and make this news letter more interesting & knowledgeable

Kindly share your ideas / suggestions on my Email Id.

swatias@bluedart.com

Thanks & Regards,

Swati Shirwale

M. 8408889801



AUGUST SESSION

TEACH FOR INDIA ----- By ABHIMANYU SARKAR



*We had a great session on **TEACH FOR INDIA** a social initiative conducted by Mr Abhimanyu Sarkar who has share success story of Teach For India .*

This social initiative brings together children in need of education & people who can contribute a little time towards teaching them. It is based on one simple principle : If you have the desire to teach, you will be introduced to children who are willing to learn.

The vision is to see that every child attains outstanding education.



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AUGUST SESSION

TEACH FOR INDIA





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Travel Special



The Kashmir of Andhra Pradesh – L a m b a s i n g i

With quaint valleys and chilling temperatures, Lambasingi is the only place in the southern region that sees snowfall. Perched at an altitude of 1000 meters. above sea level, this misty hill station in Visakhapatnam's Chintapalli town, is also fondly known as the 'Kashmir of Andhra Pradesh'.

L A M B A S I N G I

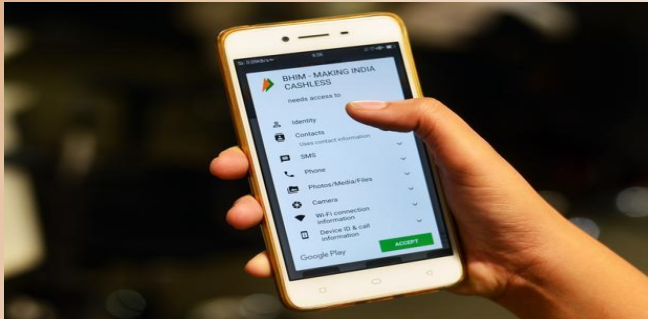
Another name for Lambasingi is *Korra Bayalu*, which in translation means “if someone stays out in the open at night, by morning they would freeze like a stick!”

In the winter (from November to January), the temperature in Lambasingi goes as low as zero degree Celsius, with bouts of snowfall intermittently. Apart from being the only place in the southern region that sees snow, Lambasingi is also home to an isolated tribal community that works at the pepper and coffee plantations. The vast expanse across which these plantations are spread is a sight to behold!

Bakhtawar Battiwalla



TECHNOLOGY



How UPI is better than other digital payment modes

As long as there is no additional charge on making a UPI transaction, UPI appears to be better in terms of ease and simplicity as well. *Even if the recipient is not active on the UPI platform, you can make the fund transfer instantly using only their account number and IFSC code.*

There are various ways to make online payments and transfers—credit card, debit card, Netbanking, bank transfer modes, e-wallets, and Unified Payments Interface (UPI). Be it payments, transfers or even splitting bills, UPI has superior benefits. Let's have a look.

No need to add beneficiary

The simplicity of a [digital process](#) is that you can complete the process in just a few steps. Hence less time taken to make a transaction. In case of payments through internet banking for merchant payments, you have to follow multiple steps—logging into the account using user ID and password, and finally providing second factor authentication (OTP).

To use a debit or credit card, you have to enter the complete name of the card holder, card number and expiry date. With [UPI](#), it's easier—you just need to input your UPI ID, which leads to a payment request being sent to your UPI app. Login and approve the payment by entering your PIN.



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TECHNOLOGY

For peer-to-peer transactions as well, regular Netbanking transactions require you to add a beneficiary to your account with all their details like bank account number, bank name and IFSC code. It might then also take some time to activate the beneficiary. With UPI, you can transfer funds without adding a beneficiary.

Even if the recipient is not active on the UPI platform, you can make the fund transfer instantly using only their account number and IFSC code.

With merchant transactions, [UPI transactions](#) up to ₹2,000 do not attract any payment gateway charges, which is not always the case with other modes of electronic transactions.

No loading wallets

Many e-wallets too give a seamless and quick transaction experience, then why bother to have another payments app such as UPI?

The answer lies in the fact that UPI payments happen directly from one bank account to another. E-wallets offer a similar option without having to add beneficiaries, but you still have to load the wallet first. To use an e-wallet, you have to go through a separate KYC process.

With UPI, no additional KYC is required.

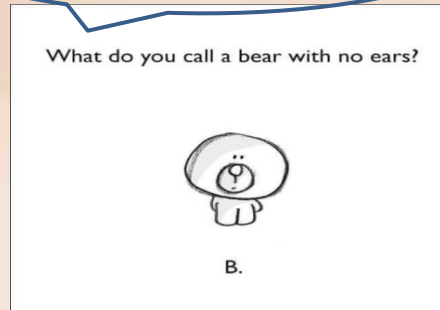
As long as there is no additional charge on making a UPI transaction, it appears to be better in terms of ease and simplicity as well.

LIGHTER VIEW

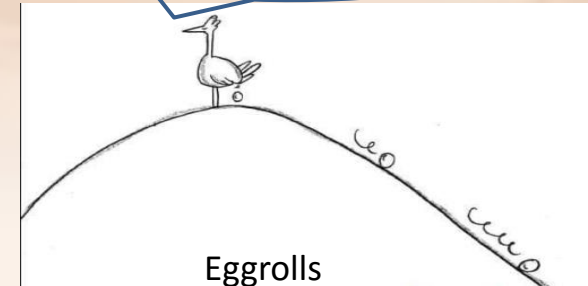
What do you call an elephant
That doesn't matter



What do you call a bear
With no ear



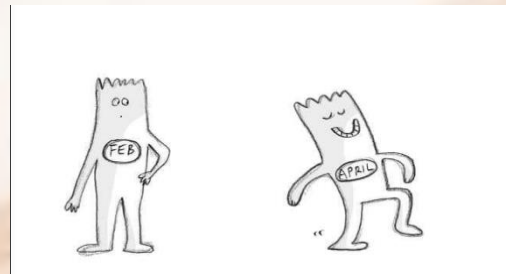
What do you get when chicken lays
its eggs on the top of a hill?



What did the buffalo say to his
son at school dropout



Can February march ?



On what day of the week do
chickens hide ?



LIGHTER VIEW

What's the best
thing about
Switzerland?

I don't know, but
their flag is a huge
plus.



This is my step ladder.



I never knew my real ladder.

What do you call a belt with a clock
on it?



A waist of time.

Can February march?



No, but April may.

What do you call a magic dog?



A Labracadabrador.

ASA Congress – Papua New Guinea: 24th to 28th September 2018

OVER VIEW OF THE SESSIONS CONDUCTED DURING ASA CONGRESS @ PNG



❖ 23rd September 2018:1- 4 pm:

Pre Arrival registrations-6.pm to 9.p.m: ASA Council Presidents, Honorary Presidents & Local Coordinators Welcomed to Cocktails & Dinner by PNGAAP.

❖ 24th September 2018: 6.am to 4 pm:

6.30 pm to 10.30 pm: Official Opening of the 24th ASA Congress.

ASA founding President- Virginia Elbinias' Welcome speech followed by Chairperson of the 24th ASA Congress Mrs. Eleanor Gebone and ASA President Mea Lou Isaac.

PNGAAP Chief Guest invitee (An Indian) was the Honorable Governor Mr. Sasindran Muthuvel of New West Britain presided who also welcomed one and all. The evening opened to Dinner & Dance with a live band in attendance.



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ASA Congress – Papua New Guinea: 24th to 28th September 2018

❖ 25th September:

Mr. Kakaito Kasi - EFFECTIVE USE OF 'IT' IN ADMINISTRATION –

Be the Cat woman of power.....

For that we must create the right intention & relation.

We need to make ourselves more 'IT' educated & capable.

Ms. Beatrice Geua Mahuru - LEADERSHIP & MANAGEMENT-

Be present 'In the Moment' - be there 100% - take pride in your brand.....

Believe in your FAITH – FAMILY and FOSTER great positivity.

ASA Bazaar & PNG Cultural Show @ Aquatic Centre:

Local PNG groups displayed their culture and rhythmic dances.

The ASA bazaar kicked off, our selling skills did take their chances.

The funds that were collected were donated to PNG for a good cause,

DINNER Hosted by Honorable Governor Mr. Sasindran Muthuvel –at Lamana Hotels:

The Honorable Governor Mr. Sasindran Muthuvel, excitedly offered to host a Dinner,

The choicest cuisine of starters, main course and dessert was the sumptuous winner.

Acting Indian High Commissioner Mr. RD Joshi & wife Vandana graced the occasion,

The shop talk of investment and business opportunities in PNG was also their vision



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ASA Congress – Papua New Guinea: 24th to 28th September 2018

❖ 26th September 3.30 pm to 6.pm:

Ms. Linda Tule -WHAT NEXT?

Wake up - Retirement is real.....

Mrs. Hyacinth Arya -CULTURAL BARRIERS

Barriers are self created when we begin.....

Mrs. Hyacinth Arya - Bridging the Gap (The Young & The Experienced)

LEAP: Listen – Educate – Authorize and Perform – More engagement is needed.....

SMOC: With -Strength, Methodology, Opportunity & Competency - stake a claim.

Mrs. Linda Kapani - Women in Micro Banking -

A penny saved is a penny earned.....

Sports Activities:

Scorers, trackers and scrutinizers, Zumba exercise



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ASA Congress – Papua New Guinea: 24th to 28th September 2018

❖ 27th September:

Mrs. Estrelita Santacruze - Code of Ethics:

Truth has no gender yet it is the principles of morals.....

ASA PROJECT: Theme- Women upgrade and empowerment.

The ASA project CSR presentation was to be tabled to the audience in 3 minutes extendable to 5 minutes. IASAP India's CSR project was collated, prepared & presented in a record time of 3.45 minutes by Hyacinth Arya on behalf of India – India competed with 7 countries and clinched ASA Award for the best ASA project in CSR (Won 100 US Dollars).

Closing ceremonies:

- ❖ Summary of Council of Presidents Meeting.
- ❖ Presentation of Certificates of Appreciation, Attendance and Recognitions.
- ❖ Hyacinth Arya was presented with a special Award of Recognition by PNGAAP.
- ❖ Exchange of gifts – ASA Presidents with PNGAAP President Mea Lou Isaac.
- ❖ The handover of the ASA flag and Gavel.

Closing: Preview by Sri Lanka (Nest ASA Hosts), Dinner & Performances:

A Video preview of Sri Lanka & the 25th ASA Congress in 2020 was screened.



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ASA Congress – Papua New Guinea: 24th to 28th September 2018



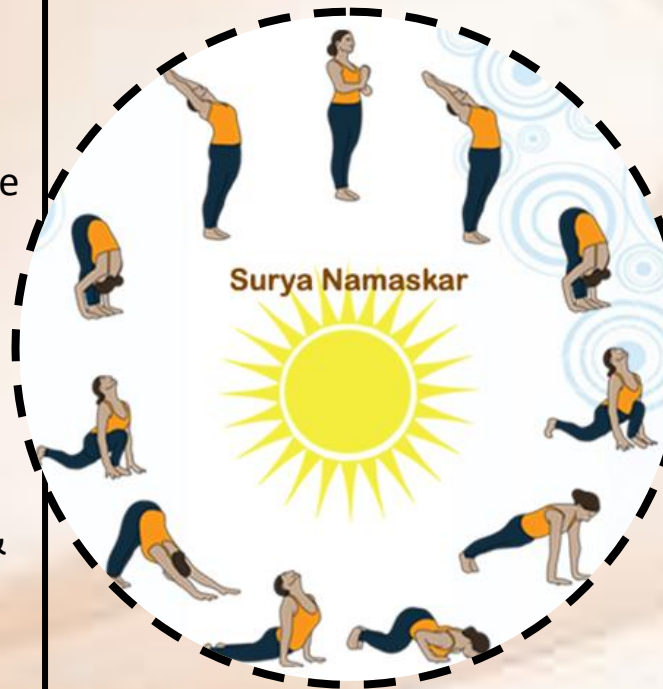
HEALTH

SURYA – NAMASKAR

Surya-Namaskar – Sun Salutation. The Sanskrit word surya means sun. Namaskar means salutation, greeting or praise

Benefits

- Effective in weight loss.
- Improves digestion & appetite
- Cures constipation Increases body flexibility.
- Cures your digestive, circulatory, respiratory & nervous system
- It strengthens the arm, back, shoulders, legs, hips, quads & calves



Benefits

- Improves posture.
- It gives physical & mental strength.
- It is one of the excellent asanas for entire body.
- Pregnant women should not practice it.
- Those suffering from high blood pressure & hernia should not practice it



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BIRTHDAYS



Happy Birthday



BIRTHDAYS IN OCT'18

Name	Date
Lina D'souza	19,Oct
Saki Bakshi	11,Oct
Gemma Machado	20,Oct
Malathi Iyer	3,Oct
Hyacinth Arya	21,Oct
Blanche D'souza	9,Oct
Ajeeta Shivdasani	11,Oct
Karen Karbhari	20,Oct
Pinky Bhata	31,Oct
Gwenita Pereira	25,Oct
Sangita Lobo	31,Oct
Kiran Joseph	2,Oct
Deepali Rewale	29,Oct

BIRTHDAYS NOV'18

Name	Date
Irene Rato	19,Nov
Monica D'sousa	24,Nov
Nilufer Mehta (Amroliwala)	10,Nov
Rashna Fraser	29,Nov
Farida Achadwala	11,Nov
Mary D'lima	5,Nov
Assunta Christy	12,Nov
Sunita Shivadasani	14,Nov
Sanobar Kotwal	21,Nov
Irene Gonsalves	27,Nov
Poonam Magoo	14,Nov
Maheshwari Rawal	26,Nov
Asha Narhire	16,Nov
Medha Joshi	26,Nov
Maria Colaco	22,Nov
Veronica Lopez	14,Nov
Magdeline Azved	17,Nov
Rani Pereira	20,Nov
Shital Rawat	12,Nov

BIRTHDAYS IN DEC'18

Name	Date
Ernie Sethna	2,Dec
Jyotilekha Koppikar	15,Dec
Maria Lobo	22,Dec
Caroline Coelho	4,Dec
Havovi Kanga (Amroliwala)	3,Dec
Kavita Bhalerao	9,Dec
Meena Pardeshi	28,Dec
Nilufoer Taraporewala	12,Dec
Beroze Divecha	29,Dec
Jennifer Engineer	20,Dec
Doreen Dsouza	1,Dec
Jolly Alex	31,Dec
Shubhangi Jadhav	2,Dec
Daisy Dsouza	21,Dec
Tejal Joshi	1,Dec
Dilnawaz Nekoo	15,Dec
Latha Nair	4,Dec
Sarita Naidu	24,Dec
Indira Suratwala	4,Dec
Deepa Sinha	8,Dec
Preeti Shinde	13,Dec
Raina Dubey	16,Dec



Count your
Smiles
Not Years



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Please write to :

swatias@bluedart.com

We are online at www.iasapindia.com

Also do join us on :

IASAP Pune Chapter Facebook page &

LinkedIn as well



***THE CALMER WE ARE AND THE LESS DISTURBED OUR NERVES,
THE MORE SHALL WE LOVE AND THE BETTER WILL OUR WORK***

- Swami Vivekananda