



Indian Association of Secretaries and Administrative Professionals

Affiliated to : Association of Secretaries & Administrative Professionals in Asia-Pacific

President Emeritus

April 10, 2021

Late Homai H. Mehta

Sir J.J. College of Commerce
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Dear Members,

RESET, REFOCUS, RECENTER

Imm Past President

Vimala Dsouza

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The events of 2020 were truly unprecedented! Now more than ever, it is important to stay on your A-game and keep your spirits lifted. As you continue to navigate your new normal, it is important to focus on your own well-being. This includes ways to reset your goals and to reboot your routine so that you feel recharged and ready to support your family, friends and community. It is also imperative that you practice self-care, so that your emotional wellness remains in great shape. While we can't control what happens to us, we can control how we view those situations.

GOVERNING COUNCIL

President

Edna Martis

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This year the theme for IASAP's Administrative Day celebrations is '**RESET, REFOCUS, RECENTER**'. The Governing Council invites you to participate in an interactive session on this theme with someone who is well-known in IASAP - our very own, Hyacinth Arya, Trainer and Facilitator, Corporate Finesse. Hyacinth's area of expertise is in Behavioural Science and she has vast experience spanning 38+ years in the Corporate Sector. Hyacinth is an empaneled trainer for large corporates both in India and overseas.

Hon. Secretary

Kashmira Gamadia

Resource Management (I) Pvt. Ltd.
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So come and be a part of this motivating session. The program details are:

Who can attend: All India IASAP members and ASA Members

Date: Thursday, April 22, 2021

Time: 6.00 pm to 7.00 pm

Virtual meeting on Zoom :

<https://us02web.zoom.us/j/81312075939?pwd=Nm9aeFh5UG5VV3h0MEoxSEs5MEZ2QT09>

Meeting ID: 813 1207 5939

Passcode: 934929

Hon. Treasurer

Vijayalaxmi Amin

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Looking forward to meeting all of you virtually!

G.C. Members

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Stay safe, Stay happy,

Edna Martis
President, All-India

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CHAPTERS : Tamil Nadu, West Bengal, Delhi, Pune, Bangalore, Hyderabad.