



Wishing you a season of gladness, a season of cheer and to top it all look forward to a wonderful  
New Year

Dear All,

Christmas is all about joy, cheer, laughter and surprises. To do justice to this Christmas theme, we have our very own **Hyacinth Arya** who needs no introduction, will take us through "Tickle to Cackle" (topic for **December session**).

We have attached details on the competitions and also flow of session.

Ladies participated in large numbers and looked forward to lots of fun and laughter.

## **TICKLE TO CACKLE: By our dynamic speaker Ms Hyacinth Arya**

“Life is a chore and load, Covid just might make us a Toad. So move out of your regular time zone – take time out to tickle, giggle and wriggle.”

A smile stretches 14 facial muscles that do become old age wrinkles, while frowning creates 42. What is to be implemented as an attempt to ward off extra wrinkles is totally up to you.

Use the brain and tease it more often to avoid rusting and degenerating, hey ladies let us get into doing something invigorating.

There are going to be competitive interactive and prizes- so do attend in large numbers.

### **Flow of the session:**

We begin with a two Christmas carols - Go tell it on the mountains.& Jingle bells

**Attend** the session **Wearing** the following:

**Attire:** Colours are Red, White, Green, Black & Combinations as per your choice.

**Competition ONE- A Christmas Head Gear** - Wear a self decorated/invented Christmas cap, or Hair Band, or Scarf or a Head Bow- it must be a Christmas Theme based head gear to be winners and must be worn by the participant throughout the session. **Tip:** let it be – Creative, Innovative, Whacky, Weird or Extreme.

(Once Fellowship & Hello is over)- Please click a snap of yourself in TWO ANGLES and post it immediately on **WhatsApp to Hyacinth Arya** before the session ends, to enable it to be sent to the external judges.

**Three Prizes – 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>.**

**Attend** the session **With** the following also ready at hand for the Competitive Interactive.

**Competition TWO: A Mental Pause with a Clause – will be conducted through a PPT ...**

Please come prepared with - A black sketch Pen and Writing pad for this written interactive on the given theme

**Three Prizes – 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>.**

As you all know your energetic speaker Hyacinth always has something in her Pandora’s Box. So do not miss the chance to crack up your mood. Do come out in large numbers, enjoy and also win prizes.